

## Garber High & Cramer Junior High School Lunch Menu

### Week of MAY 3-7, 2010

Station Available Daily	Daily Choices				
	Monday 3rd	Tuesday 4th	Wednesday 5th	Thursday 6th	Friday 7th
<i>Origins</i> 	Sweet & Sour Chicken Brown Rice Fortune Cookie	French Toast Sticks Scrambled Eggs Sausage Links Potatoes	Chicken Alfredo Green Beans Breadstick Choc. Cake	Chicken Parmesean Buttered Noodles Broccoli & Cheese Brownies	NO SCHOOL
<i>Trattoria</i>  Home-Made Pepperoni & Daily Special Pizzas \$2.25	Special Of The Day:  Supreme Pizza	Special Of The Day:  Sausage Pizza	Special Of The Day:  Ham & Mushroom	Special Of The Day:  Ham & Bacon Pizza	Special Of The Day  Meat Lovers Pizza
<b>Ala Carte:</b> O-Rings \$1.25 French Fries Cheese Sticks \$2.00 <b>THE FRESH GRILLE</b> W/salad bar & Fruit \$1.75	Chicken Sandwich  Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Buffalo Chicken 	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Hot Ham & Cheese	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Buffalo Chicken Wrap	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  BBQ Riblet Sand.	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Chicken Littles
<b>Accompaniments</b>  Available daily on Salad Bar or Hot Bar	Mandarin Chicken Salad  Romaine Salad	Pasta Salad  Romaine Salad	Antipasto Salad  Garden Salad	Vegetable Pasta  Garden Salad W/Assorted fresh Veggies	Taco Salad  Romaine Salad
<i>Sandwich Central</i>  1/2 Homemade Sub, chips w/fruit \$3.00 meal w/ milk \$3.75 w/ lg. drink	SPECIAL OF THE DAY:  Buffalo Style Chicken Salad	SPECIAL OF THE DAY:  Grilled Chicken	SPECIAL OF THE DAY:  Roast Beef & Red Onion	SPECIAL OF THE DAY:  Turkey Club w/ bacon	SPECIAL OF THE DAY:  Meatball
<b>Pre Order Sandwiches Available daily for all students and Staff: Order slips available at all buildings. Can be paid in A.M by cashier or called into Garber office at 460-2386 to be taken off accounts. No orders later than 8:45 A.M.</b>					
 <b>Pre packaged Salads &amp; Wraps \$2.50 With Milk</b>	Applesauce  Club Sand.	Roast Beef Sand.  Yogurt Parfait	Dukes Club	Roast Beef on Bun  Yogurt Parfait	Cottage Cheese & Fruit








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**Menu Subject to Change Without Notice Deposits for meal accounts can be made in the morning in the cafeteria**

**Questions? Please contact Tina Malzahn, Food Service Director  
Or Peggy Putman, Assistant  
Food Service Office at 460-2386**

## Garber High & Cramer Junior High School Lunch Menu

### Week of MAY 10-14, 2010

Station Available Daily <i>Origins</i>	Daily Choices				
	Monday 10th	Tuesday 11th	Wednesday 12th	Thursday 13th	Friday 14th
<i>Special of The Day</i> Salad Bar/Fruit <b>\$1.75</b>  	Grilled Cheese Sand. Tomato Soup Green Beans Warm Apples	Baked Ziti Green Bean Casserole Breadstick Brownie	Macaroni & Cheese Seasoned Carrots Breadstick	Baked Chicken Mashed Potatoes Gravy Dinner Roll Corn	Nacho & Taco Bar Seasoned Rice Seasoned Corn
<i>Home-Made Pepperoni &amp; Daily Special Pizzas</i> <b>\$2.25</b>	Special Of The Day: Personal Pizza	Special Of The Day: Four Cheese Pizza	Special Of The Day: Pepperoni Pizza	Special Of The Day: BBQ Chicken Pizza	Special Of The Day: Meat Lovers Pizza 
<b>Ala Carte:</b> <b>O-Rings \$1.25</b> <b>French Fries</b> <b>Cheese Sticks \$2.00</b> <b>THE FRESH GRILLE</b> <b>W/salad bar &amp; Fruit \$1.75</b>	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY: Chicken Littles 	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY: Chicken Cordon Bleu	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY: BBQ Pork	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY: Pizza Burger	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY: Beef & Cheddar
<b>Accompaniments</b>  <b>Available daily on Salad Bar or Hot Bar</b>	Popcorn Chicken Salad  Romaine Salad	Fried Chicken Salad  Fresh Slice Tomatoes	Pasta Salad  Romaine Salad	Fresh Fruit Salad  Garden Salad W/Assorted fresh Veggies	Taco Salad  Fresh Salsa
 <b>1/2 Homemade Sub, chips w/fruit</b> <b>\$3.00 meal w/ milk</b> <b>\$3.75 w/ lg. drink</b>	SPECIAL OF THE DAY: Four Cheese Wrap	SPECIAL OF THE DAY: Grilled Chicken	SPECIAL OF THE DAY: Italian Hero	SPECIAL OF THE DAY: Chef Salad	SPECIAL OF THE DAY: Chicken Ranch Wrap
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 <b>Pre packaged Salads &amp; Wraps \$2.50 With Milk</b>	Italian Sub  Fresh Grapes	Fresh Fruit   Yogurt Parfait	Cottage Cheese & Fruit	Turkey Croissant   Yogurt Parfait	Dukes Club Sandwich

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## Garber High & Cramer Junior High School Lunch Menu

### Week of MAY 17-21, 2010

Station Available Daily	Daily Choices				
	Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21st
<i>Origins</i>  <i>Special of The Day</i> <i>Salad Bar/Fruit</i> <b>\$1.75</b>	Turkey in Gravy Buttered Noodles Corn Dinner Roll	Goulash Green Beans Dinner Roll Brownie	Chicken Chop Suey Brown Rice Steamed Broccoli Dinner Roll	Hot Dogs Cheese Sauce Chili Potato Wedges	Nacho Bar Seasoned Corn Enchilladas Cherry Cobbler
<i>Trattoria</i>  <i>Home-Made Pepperoni &amp; Daily Special Pizzas</i> <b>\$2.25</b>	Special Of The Day:  Personal Pizza	Special Of The Day:  Pepperoni Pizza	Special Of The Day:  Cheese Pizza	Special Of The Day:  French Bread Pizza	Special Of The Day:  Buffalo Chicken Pizza 
<b>Ala Carte:</b> <b>O-Rings \$1.25</b> <b>French Fries</b> <b>Cheese Sticks \$2.00</b> <b>THE FRESH GRILLE</b> <b>W/salad bar &amp; Fruit \$1.75</b>	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Chicken Parmesean	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Roast Beef & Cheddar	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Chicken Parmesean	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Hot Ham & Cheese	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Beef & Cheddar
<b>Accompaniments</b>  <b>Available daily on Salad Bar or Hot Bar</b>	Pasta Salad  Fresh Crisp Romaine Salad	Fried Chicken Salad Fresh Slice Tomatoes	Antipasto Salad  Garden Salad	Pasta Salad  Veggies	Taco Salad  Garden Salad
<i>Sandwich Central</i>  <b>1/2 Homemade Sub, chips w/fruit</b> <b>\$3.00 meal w/ milk</b> <b>\$3.75 w/ lg. drink</b>	SPECIAL OF THE DAY:  Veggie Wrap	SPECIAL OF THE DAY:  Grilled Chicken	SPECIAL OF THE DAY:  Turkey & Bacon Wrap	SPECIAL OF THE DAY:  Egg Salad	SPECIAL OF THE DAY:  Italian Sub
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 <b>Pre packaged Salads &amp; Wraps \$2.50 With Milk</b>	Spiced Applesauce	Fresh Watermelon   Yogurt Parfait	Yogurt Parfait  Spiced Applesauce	Roast Beef   Yogurt Parfait	Fresh Fruit Salad  Cottage Cheese

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## Garber High & Cramer Junior High School Lunch Menu

### Week of MAY 24-28,2010

Station Available Daily	Daily Choices				
	Monday 24th	Tuesday 25th	Wednesday 26th	Thursday 27th	Friday 28th
<i>Origins</i>  <i>Special of The Day</i> <i>Salad Bar/Fruit</i> <b>\$1.75</b>	Spaghetti Garlic Toast Green Bean Berry Crisp	Popcorn Chicken Mashed Potatoes Corn Gravy Dinner Rolls	Ham Scalloped Potatoes Sweet Peas Dinner Roll	Sloppy Joe Oven Fries Baked Beans Strawberry Shortcake	Nacho Bar Enchilladas Seasoned Corn Cinnamon Breadstick
  <i>Home-Made Pepperoni &amp; Daily Special Pizzas \$2.25</i>	Special Of The Day:  Supreme Pizza	Special Of The Day:  Four Cheese Pizza	Special Of The Day:  Pepperoni Pizza	<i>Special Of The Day:</i>  Ham & Pepperoni	Special Of The Day:  Cheese Pizza
<b>Ala Carte:</b> <b>O-Rings \$1.25</b> <b>French Fries</b> <b>Cheese Sticks</b> <b>\$2.00</b> <b>THE FRESH</b> <b>GRILLE</b> <b>W/salad bar &amp;</b> <b>Fruit \$1.75</b>	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Chicken Twister	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Buffalo Chicken	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Turkey Panini	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Chicken Parmesean	Chicken Sandwich Spicy Chicken Cheeseburger  SPECIAL OF THE DAY:  Fish Sandwich
<b>Accompaniments</b>  <b>Available daily on Salad Bar or Hot Bar</b>	Buffalo Chicken Salad  Garden Salad	Antipasto Salad  Romaine Salad Fresh Slice Tomatoes	Tomato Cucumber Salad  Garden Salad	Pasta Salad  Romaine Salad	Taco Salad  Garden Salad
<i>Sandwich Central</i>  <b>1/2 Homemade Sub, chips w/fruit</b> <b>\$3.00 meal w/ milk</b> <b>\$3.75 w/ lg. drink</b>	SPECIAL OF THE DAY:  Egg Salad	SPECIAL OF THE DAY:  Tuna Salad	SPECIAL OF THE DAY :  Chicken Salad	SPECIAL OF THE DAY :  Meatball	SPECIAL OF THE DAY:  Egg Salad
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  <b>Pre packaged Salads &amp; Wraps</b> <b>\$2.50</b> <b>With Milk</b>	<b>Yogurt w Berries</b>	Italian Sub Sandwich   Yogurt Parfait	Club Croissant  Cottage Cheese	Dukes Club Sandwich	Yogurt Parfait  Yogurt w/ Berries

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